



November is here and the year is coming to an end very soon. During the month of November we like to talk about foods that you can share with your pets during the holiday season.



First there are some foods you should avoid. The big ones are onion, garlic, grapes, and apple seeds/cores. Some seasonings may contain some of these ingredients so be careful giving pets seasoned foods.

The foods that safe are any vegetables either raw or cooked with very little to no seasoning. Green beans and carrots are a great healthy option, and a lot of dogs like the crunch. Corn is always a favorite for dogs, just be careful because corn turns into sugar in the digestive tract so be sure not to give your pet too much corn. Stuffing is ok, unless it has onions and garlic in it. Potatoes and sweet potatoes are also safe, but they should be given plain, no seasonings and not in a casserole that could have other ingredients that aren't safe.

There are a ton of fruits that are safe to feed your pet. The only thing to consider with giving fruit is that all fruits are packed full of natural sugars so they shouldn't be given in large quantities. And please avoid grapes all together they are very dangerous because of the type of acid that is in a grape. Cranberries, blueberries, bananas, apple slices, strawberries, watermelon, all of these are packed full of nutrients and great for your pet.

Those of you who have cats are probably thinking my cat will never eat any of those things. And you are probably right. Cats are carnivores and so most of the time fruits and vegetables aren't on their lists of foods to eat. So the

meats are what cats want, again the biggest issue is seasoning. So if you have turkey and want to share with your feline family members use as little seasoning as possible or check the ASPCA's website (to be sure of the safe and unsafe seasoning ingredients) and the seasoning container (should list all ingredients so you can chose a seasoning that is safe) to be sure your cat can have the seasoning. Ham also gets cats excited, but again be careful about seasonings. An alternative to sharing your seasoned food, take a small amount before it's cooked and boil or bake it separately.

We will be closed Wednesday November 27th and Thursday November 28th for Thanksgiving. We will be open on Friday November 29th, and Saturday the 30th and we will be running our yearly 25% Off Toys and Treats Sale!

Saturday November 30th is Small Business Saturday be sure to shop small and support your local businesses!



Remember to print this newsletter and bring it into the store and receive **15% OFF** your **ENTIRE** purchase!